

Family Health Centers of San Diego,

Critical Illness Insurance



How does it work?

If you're diagnosed with an illness that is covered by this insurance, you can receive a lump sum benefit payment. You can use the money however you want.

Why is this coverage so valuable?

- The money can help you pay out-of-pocket medical expenses, like co-pays and deductibles.
- You can use this coverage more than once. Even after you receive a payout for one illness, you're still covered for the remaining conditions and for the reoccurrence of any critical illness with the exception of skin cancer. The reoccurrence benefit can pay 100% of your coverage amount. Diagnoses must be at least 180 days apart or the conditions can't be related to each other.

What's covered?

Critical illnesses

- Heart attack
- Stroke
- · Major organ failure
- End-stage kidney failure
- Coronary artery disease Major (50%): Coronary artery bypass graft or valve replacement Minor (10%): Balloon angioplasty or stent placement

Cancer conditions

- Invasive cancer all breast cancer is considered invasive
- Non-invasive cancer (25%)
- · Skin cancer \$500

Progressive diseases Supplemental conditions Amyotrophic Lateral · Loss of sight, hearing or speech Sclerosis (ALS) · Benign brain tumor Dementia, including • Coma Alzheimer's disease Permanent Paralysis Multiple Sclerosis (MS) Infectious Diseases (25%) Parkinson's disease

Please refer to the certificate for complete definitions about these covered conditions. Coverage may vary by state. See exclusions and limitations.

Why should I buy coverage now?

- It's more affordable when you buy it through your employer and the premiums are conveniently deducted from your paycheck.
- · Coverage is portable. You may take the coverage with you if you leave the company or retire. You'll be billed at home.

Be Well Benefit

Every year, each family member who has Critical Illness coverage can also receive a payment for getting a covered Be Well Benefit screening test, such as:

- Annual exams by a physician include sports physicals, wellchild visits, dental and vision
- pap smear, colonoscopy
- Cardiovascular function screenings
- · Screenings for cholesterol and diabetes
- Imaging studies, including chest X-ray, mammography
- Screenings for cancer, including
 Immunizations including HPV, MMR, tetanus, influenza

Who can get coverage?

You:	Choose \$10,000, \$20,000 or \$30,000 of coverage with no medical underwriting to qualify if you apply during this enrollment.	
Your spouse:	Spouses can only get 50% of the employee coverage amount as long as you have purchased coverage for yourself.	
Your children:	Children from live birth to age 26 are automatically covered at no extra cost. Their coverage amount is 50% of yours. They are covered for all the same illnesses plus these specific childhood conditions: cerebral palsy, cleft lip or palate, cystic fibrosis, Down syndrome and spina bifida. The diagnosis must occur after the child's coverage effective date.	

Unum | Critical Illness Insurance EN-2050 FOR EMPLOYEES (8-22)

Monthly costs				
Age	Employee coverage: \$10,000 Spouse coverage: \$5,000 Be Well benefit: \$50			
	Employee	Spouse		
under 25	\$2.93	\$2.38		
25 - 29	\$3.53	\$2.68		
30 - 34	\$4.43	\$3.13		
35 - 39	\$5.73	\$3.78		
40 - 44	\$7.23	\$4.53		
45 - 49	\$9.23	\$5.53		
50 - 54	\$11.63	\$6.73		
55 - 59	\$15.53	\$8.68		
60 - 64	\$21.43	\$11.63		
65 - 69	\$30.33	\$16.08		
70 - 74	\$45.33	\$23.58		
75 - 79	\$63.53	\$32.68		
80 - 84	\$63.53	\$32.68		
85+	\$63.53	\$32.68		

Monthly costs				
Age	Employee coverage: \$30,000 Spouse coverage: \$15,000 Be Well benefit: \$100			
	Employee	Spouse		
under 25	\$8.79	\$7.14		
25 - 29	\$10.59	\$8.04		
30 - 34	\$13.29	\$9.39		
35 - 39	\$17.19	\$11.34		
40 - 44	\$21.69	\$13.59		
45 - 49	\$27.69	\$16.59		
50 - 54	\$34.89	\$20.19		
55 - 59	\$46.59	\$26.04		
60 - 64	\$64.29	\$34.89		
65 - 69	\$90.99	\$48.24		
70 - 74	\$135.99	\$70.74		
75 - 79	\$190.59	\$98.04		
80 - 84	\$190.59	\$98.04		
85+	\$190.59	\$98.04		

Monthly costs				
Age	Employee coverage: \$20,000 Spouse coverage: \$10,000 Be Well benefit: \$75			
	Employee	Spouse		
under 25	\$5.86	\$4.76		
25 - 29	\$7.06	\$5.36		
30 - 34	\$8.86	\$6.26		
35 - 39	\$11.46	\$7.56		
40 - 44	\$14.46	\$9.06		
45 - 49	\$18.46	\$11.06		
50 - 54	\$23.26	\$13.46		
55 - 59	\$31.06	\$17.36		
60 - 64	\$42.86	\$23.26		
65 - 69	\$60.66	\$32.16		
70 - 74	\$90.66	\$47.16		
75 - 79	\$127.06	\$65.36		
80 - 84	\$127.06	\$65.36		
85+	\$127.06	\$65.36		

Active employment: You are considered in active employment if, on the day you apply for coverage, you are being paid regularly for the required minimum 30 hours each week and you are performing the material and substantial duties of your regular occupation. Insurance coverage will be delayed if you are not in active employment because of an injury, sickness, temporary layoff, or leave of absence on the date that insurance would otherwise become effective. New employees have a 30 day waiting period to be eligible for coverage. Please contact your plan administrator to confirm your eligibility date.

If enrolling, and eligible for Medicare (age 65+; or disabled) the Guide to Health Insurance for People with Medicare is available at www.medicare.gov/sites/default/files/2022-03/02110-medigap-guide-health-insurance.pdf.

Your paycheck deduction will include the cost of coverage and the Be Well Benefit. Actual billed amounts may vary.

Some states may require comprehensive medical coverage before purchasing group critical illness insurance.

Continuity of coverage

We will provide coverage for an Insured if the Insured was covered by a similar prior policy on the day before the Policy Effective Date. Coverage is subject to payment of premium and all other terms of the certificate. If an employee is on a temporary Layoff or Leave of Absence on the Policy Effective Date of this certificate, we will consider your temporary Layoff or Leave of Absence to have started on that date and coverage will continue for the period provided temporary Layoff or Leave of Absence under Continuation of your Coverage During Extended Absences in the certificate. If you have not returned to Active Employment before any Insured's Date of Diagnosis, any benefits payable will be limited to what would have been paid by the prior carrier.

Date of diagnosis must be after the coverage effective date.

Exclusions and limitations

We will not pay benefits for a claim that is caused by, contributed to by, or occurs as a result of any of the following:

committing or attempting to commit a felony; being engaged in an illegal occupation; injuring oneself
intentionally or attempting or committing suicide, whether sane or not; active participation in a riot or
insurrection. This does not include civil commotion or disorder, injury as an innocent bystander, or
injury for self-defense; participating in war or any act of war, whether declared or undeclared; combat or
training for combat while serving in the armed forces of any nation or authority, including the National
Guard, or similar government organizations; being intoxicated or under the influence of any controlled
substance unless administered of the advice of a Physicial; and a Date of Diagnosis that occurs while an
Insured is legally incarcerated in a penal or correctional institution.

Additionally, no benefits will be paid for a Date of Diagnosis that occurs prior to the Coverage Effective Date.

End of employee coverage

If you choose to cancel your coverage your coverage ends on the first of the month following the date you provide notification to your employer. Otherwise, your coverage ends on the earliest of the: date this policy is canceled by Unum or your employer; date you are no longer in an eligible group; date your eligible group is no longer covered; date of your death; last day of the period any required premium contributions are made; or last day you are in active employment.

However, as long as premium is paid as required, coverage will continue in accordance with the Continuation of your Coverage during Absences provision or if you elect to continue coverage for you, your Spouse, and Children under Portability of Critical Illness Insurance.

Unum will provide coverage for a payable claim that occurs while you are covered under this certificate. THIS INSURANCE PROVIDES LIMITED BENEFITS

This information is not intended to be a complete description of the insurance coverage available. The policy or its provisions may vary or be unavailable in some states. The policy has exclusions and imitations which may affect any benefits payable. For complete details of coverage and availability, please refer to Policy Form GCIP16-1 or the Certificate Form GCIC16-1 or contact your Unum representative.

Underwritten by: Unum Insurance Company, Portland, Maine

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