

## NOW OPEN

Scripps HealthExpress is opening in our primary care ambulatory sites throughout the county.

## What You Need to Know

### What is Scripps HealthExpress?

Scripps HealthExpress is a same-day, walk-in clinic for minor illnesses and injuries. HealthExpress provides patients with a convenient care option when their illness/injury is not serious enough for urgent care or the emergency department, yet a same-day visit is necessary. HealthExpress does NOT replace primary care visits for chronic conditions, annual physicals, medication management, etc.

### Where is HealthExpress located?

The HealthExpress clinics are co-located at existing Scripps Clinic and Scripps Coastal ambulatory sites. These are NOT freestanding or retail clinics. While they are similar to Minute Clinic or OneMedical, HealthExpress is located within our existing facilities.

The sites opening in FY18 include:

Now Open: Scripps Coastal Medical Center, Carlsbad

Aug. 7: Scripps Clinic, Carmel Valley\*  
Scripps Clinic, Rancho Bernardo\*  
(Pediatric clinic only)

Aug. 9: Scripps Coastal Medical Center, Hillcrest  
Scripps Coastal Medical Center, Solana Beach

Aug. 28: Scripps Coastal Medical Center, Eastlake  
Scripps Coastal Medical Center, Oceanside  
Scripps Clinic, Mission Valley  
Scripps Clinic, Torrey Pines

Sept. 25: Scripps Coastal Medical Center, Encinitas  
Scripps Coastal Medical Center, Vista (Cedar)  
Scripps Clinic, Rancho San Diego  
Scripps Clinic, Rancho Bernardo\* (Adult)

\* Please note that Rancho Bernardo and Carmel Valley will have also have HealthExpress Pediatric clinics

### Who can be seen at HealthExpress?

Patients ages 5 and up can be seen at HealthExpress. The two (2) HealthExpress Pediatric clinics will see patients ages 3 months to 17 years. Existing Scripps patients as well as non-Scripps patients can be seen at HealthExpress.

### How much does a HealthExpress visit cost?

Each visit at HealthExpress will be billed as a primary care visit, and the applicable co-pay will be expected at the time of the visit. A fee schedule is available for patients who do not have insurance or coverage for the visit. HealthExpress will accept most insurance plans, and patients may pay with cash, check or credit card.

### Is an appointment required to be seen at HealthExpress?

No. Patients may simply walk in to HealthExpress the same day to be seen promptly. However, patients may call ahead at **858-554-7439** or go online ([scrippshealthexpress.org](http://scrippshealthexpress.org)) to hold their place in line at the site they select. Patients with MyScripps accounts will register using their login/password. Non-Scripps patients may also go online to hold their place in line using "open scheduling" and will be asked basic information and insurance details.

### When is HealthExpress open?

All HealthExpress locations have the same hours: Monday–Friday 7 a.m.–9 p.m. and Saturday and Sunday 8 a.m.–5 p.m. HealthExpress pediatric locations are open Monday–Friday, 5–9 p.m., and Saturday and Sunday, 8 a.m.–5 p.m.

(continued on back)

## **How do patients know they should be seen at HealthExpress?**

A triage nurse will be available from 7 a.m.–9 p.m., Monday–Friday, and 8 a.m.–5 p.m., Saturday and Sunday to assess patients' conditions and recommend which level of care is appropriate (HealthExpress, Urgent Care, Emergency Department or primary care provider). The triage nurse will assess symptoms, recommend care and assist with scheduling. The triage nurse is available by calling **858-554-7439**.

## **What types of conditions are treated at HealthExpress?**

HealthExpress will diagnose and treat a variety of minor illnesses and injuries, as well as administer several common vaccines and point-of-care testing. HealthExpress will complete various physical examinations, including school, camp and sports exams. However, HealthExpress will NOT complete annual or wellness examinations. Conditions treated at HealthExpress include:

- Urinary tract infections
- Sore throat and strep throat
- Allergies and asthma
- Flu-like symptoms
- Skin conditions
- Ear infection and earache
- Sinus infections
- Bug bites and stings
- Minor cuts, burns and wounds
- Minor suture and staple removal

Several vaccines will be available including flu, Td and Tdap. Additionally, point-of-care testing will be provided for pregnancy, rapid flu, tuberculosis, rapid strep and fingerstick blood sugar.

